



Purdy Elementary School

December 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Band Parent Night @ H.S. 6:30 PM  Day 2	2 Day 3	3 Big Buddy Day Market Day P/U 5:30—6:00 PM Day 4	4 Day 5	5 Purdy Pride Day Day 6	6 PTO Breakfast With Santa 8:00—10:00 AM 
7	8 Orchestra Rehearsal @ Luther 12:00-12:45 5th Grade Orchestra Holiday Concert H.S. 6:30 PM Day 7	9 Day 8	10 Day 9	11 Purdy Holiday Concerts 6:00—7:45 PM @ High School Day 10	12 11:50 Dismissal Day 1	13
14	15 Day 2	16 Purdy PTO Meeting in IMC 6:30 PM Day 3	17 Big Buddy Day Day 4	18 Day 5	19 Day 6	20
21	22 Last Day of Classes Before Winter Break Day 7	23 No School Winter Break	24 No School Winter Break District Buildings Closed	25 No School Winter Break District Buildings Closed	26 No School Winter Break	27
28	29 No School Winter Break	30 No School Winter Break	31 No School Winter Break Classes Resume January 5, 2015 District Buildings Closed	Future Dates: Jan. 5 Classes Resume Jan. 7 Big Buddy Day Jan. 7 Market Day P/U Jan. 9 Purdy Pride Day Jan. 20 PTO Meeting-6:30 PM Jan. 22 Early Dismissal Jan. 23 No School-End of 1st Semester		



PURDY PANTHERS PURDY ELEMENTARY SCHOOL



December 2014

FROM THE PRINCIPAL

Enjoy the Holiday Season



Dear Parents,

Late October and early November are very busy months for our school. In addition to a heavy load of instruction from 8:00 AM to 3:00 PM, our school and its staff squeezed in report cards, parent teacher conferences and an Open House, all of which require many extra hours of preparation. Family connections are very important to our staff and the time spent getting to know you and your child even better makes us all successful at servicing our students!

Highlights Include:

- Our Veteran's Day celebration was a huge success highlighted by our guest speaker Matt Bills from the US Navy. Even more special was the introduction by his son, fifth grader, Michael! Special thanks to members of the VFW, DAV and American Legion who, year in and year out, are always here helping us make this a memorable event. Thanks Veterans!
- It was great to see so many people at our Open House. I am not exactly sure how many were here but I would estimate close to 200 parents and grandparents visited classrooms through the morning and we served over 350 turkey lunches. I heard a lot of compliments as I visited with people throughout the morning and lunch hour. Needless to say our students are more than excited when a loved one comes in through the classroom door!

Upcoming Events:

- The PTO Breakfast with Santa event will be on December 6th from 8:00—10:00. Deadline for purchasing tickets has been extended to **Tuesday, November 25th**. Forms are still available in the office.
- December 11th is our celebration of Holiday Concerts. We will be presenting 3 concerts that evening. Detailed information is available in this newsletter.

Here are some Concert tips and expectations:

- All children are expected to participate unless prior arrangements are made or there is an emergency. After weeks of practice, our students really look forward to this special night by performing in front of you!
- Use parking lots in back of the school. I only say this because the front is so congested. All parking doors are open and just as close to the stage.
- Keep parking fire lanes and auditorium aisles clear. Be patient between performances. Everyone always gets a great seat.
- If you need handicap seating notify the office before the concert. Handicap seats are reserved and if not used, released to anyone.

The holidays are a great time to teach about giving. Many classrooms have charity gift giving programs. Please look for these opportunities if you would like to help or even consider adopting a Purdy family.

Hoping you have a great holiday!

Leigh Ann Scheuerell, Principal
Purdy Elementary School



SCHOOL CANCELLATIONS AND POSTPONEMENTS

As snowy days and dangerous weather conditions draw nearer, the District and school will continue to use Blackboard Connect to announce cancellations, delays, and postponements. We will continue to notify parents of important and emergency school programming announcements with phone calls or/and emails.

Note: Please keep us up to date on telephone number changes.



HALLOWEEN MONSTER MASH RAISES \$1,100.00 TOWARDS SCHOLARSHIP

This year's Monster Mash raised \$1,100.00 for the Dream Scholarship, which is managed by the Fort Foundation. The scholarship is designed to encourage children, who previously attended Purdy, to consider college or technical school for their post high school plans. To date thirteen scholarships have been awarded. The scholarship is awarded when students graduate from Middle School. Criteria includes: family need, behavior, extra-curricular activities and grade point average.

Special Thanks to staff volunteers of the Monster Mash: Mike Stricker, Michelle Brown, Christine Bachhuber, Jeff Jensen, Betty Herdendorf, Michelle Eames, Lisa Hollenberger, Julie Kusel, Kristin Halverson, Heidi Wegner, Leigh Ann Scheuerell, Alexandra Bull (Community Service Chair from Future Teachers Student Organization) and other UWW student members.

SPONSORSHIP

If you've been to our beautiful high school, you may notice several different sponsorship rooms around the building, promoting our generous community business leaders such as Blackhawk Stadium sponsored by Jones Dairy Farm. Sponsorship does not have to stop at the high school. If you and/or your business would like to consider a sponsorship at Purdy Elementary, please contact Leigh Ann Scheuerell or check out the website link on the district page under the "district" tab and click on "sponsorships". You can also just search "sponsorship" in the search field as well. Thanks for considering!



PTO FALL BOOK FAIR

Thank you to everyone who purchased books for your children. The fall book fair raised \$2,977. \$2,400 Scholastic dollars for classrooms books and birthday books! Each student at Purdy benefits from this fair when they receive a new book during their birthday month.

We had an excellent turn out from families and students the entire week we were open and offered some great titles just in time for the holidays.

A big thank you to Wendy Janeczek, Jan Rusch, Jenni Staude, Kim Kramer, Rebecca Hakenson, Leslie Paske, Beth Hesselbacher, Kristin Ketterhagen, Brian Enger, Jolyn Baldry, Jody Mack, Maggie Messler, Jill Draeger and Dawn Blackwell who took time out of their busy schedules to help make the fair a smashing success! We couldn't do it without you!

Jill Draeger & Beth Hesselbacher
Book Fair Chairperson



**PURDY HOLIDAY
CONCERT:
December 11, 2014
Fort Atkinson High School**

Mark your calendar! Your child will be performing in our **annual winter concert**. We will present for you an evening of entertainment starring your children. Please note the outline of the special times for each grade level as listed below.

Every child is expected to perform unless there is a family emergency that evening, since this is a co-curricular program rather than extra-curricular activity. The students have been working hard to bring you their best. Please have your child ready to line up in the maroon hallway *behind* the High School Auditorium at the time listed below:

KINDERGARTEN & FIRST GRADE

Put coats in the HS library.
Line up at 5:50. Concert: 6:00
Afterwards meet in the library.

SECOND & THIRD GRADE

Put coats in HS commons.
Line up at 6:25. Concert: 6:35
Afterwards meet in the commons.



FOURTH AND FIFTH GRADE

Put coats in HS commons.
Line up at 7:10. Concert: 7:20
Afterwards meet in the commons.

NOTE: Families are encouraged to park in the rear parking lots. Only park in designated areas. In many cases these will be closer to the auditorium than the "far reaches" of the front parking lot.

We have asked the high school to unlock these entrances for your convenience.

DO NOT park in the fire lanes. There is NO parking along the curb closest to the entrance of the high school. These cars will be ticketed.

Also, please be sure you are seated in the auditorium. There is no standing in the aisle or blocking of aisles. Please do not bring chairs into the auditorium or use stairs for seating. Fire code prevents people from standing/sitting in the aisles.

No food or drink is allowed in our auditorium.

Please kindly follow the directions of the building principals, school staff or volunteer ushers.

Even during the holidays we need to put safety first. If a child or a guest required an ambulance or a fire truck, we would want to be sure that these services can get through to assist. Thank you in advance for your cooperation and for joining us for the holiday concerts.

**DRESS REHEARSAL at the
High School Auditorium
December 11, 2014**

Family members who are unable to attend the evening concert are welcome to come to our dress rehearsal that day. Please be aware that this is our only rehearsal in the auditorium, it is longer than a regular concert and as such will involve some stopping and starting to fix any technical difficulties which may arise.

Kindergarten & First Grade
8:45—9:45 AM

Second & Third Grades
10:15—11:15 AM

Fourth & Fifth Grades
1:00 —2:15 PM



TIS THE SEASON FOR GIVING

A number of Purdy Elementary School classrooms are interested in giving to charitable organizations in the area. Two organizations were selected for this year's charitable focus. Donations may be delivered right to the organization or dropped off at Purdy for a special delivery by staff and students before the holidays. So instead of giving traditional classroom or teacher gifts, selecting to give a donation in the following way:

Fort Atkinson Food Pantry

The Food Pantry is looking for almost everything!

Specifically, they always need:

- Peanut Butter and Jelly/Jam
- Cream Soups—All
- Boxed Potatoes
- Canned Fruit
- Chef Boyardee Canned Meals
- Macaroni & Cheese
- Cereal, Pancake Mix & Syrup
- Toiletries (tooth brushes, tooth paste, soap, shampoo, etc.)
- Cash donation

Jefferson Co Humane Society

- Laundry Soap & Dryer Sheets
- Towels
- Old Comforters
- Rawhides
- Cat Toys
- Squeaky Dog Toys
- Postage Stamps
- Purina Kitten Chow (Yellow Bag)
- Purina Cat Chow (Blue Bag)
- Purina Puppy Chow (Blue Bag)
- Purina Dog Chow (Green Bag)
- Paper Towel & Toilet Paper
- Bleach
- Cash Donation

The following classes/grades are giving to the following charities:

Mrs. Kratz (K)	Food Pantry/ Jeff. County Humane Society
First Grade	F. A. Food Pantry
Second Grade	F. A. Food Pantry
Third Grade	Jefferson County Humane Society
Fourth Grade	F. A. Food Pantry
Fifth Grade	F. A. Food Pantry



DRESS FOR THE WEATHER

Please make sure your child has the proper clothing (coat, mittens, boots, snow pants) when they leave for school in the morning. When snowy, only children with boots are allowed off the blacktop.

We have girls winter coats and a few boys coats available. Please inquire in the office.



SAFETY/PEACE PATROL OF THE MONTH

On Friday, November 21, 2014 the following students were treated to Culver's because they were selected as Purdy Patrols of the Month. They represent many very dedicated patrol members that are doing a fine job of helping make our school a safe place.

- ***Lydia Smith***
- ***Mason Marowsky***



PURDY ELEMENTARY
SCHOOL AND
THE FORT ATKINSON AREA
SCIENCE FAIR

Families should begin talking about the upcoming Science Fair. It is best to spend a few weeks tossing around ideas to study and answer. This helps students arrive at an interesting question that they want to answer. A variety of helpful planning books and learning sessions are available at school and at the Dwight Foster Public Library. Note: Grades 3-5 teachers require students to prepare a science fair project for school and encourage students to enter the Fort Atkinson Area Science Fair. Information packs will be coming home soon. It is a great opportunity for extra learning. Note the following dates:

- 6:30 PM—December 2nd, Science Fair Entry Help Session at Dwight Foster Public Library
- January 30, 2015 - Fort Atkinson Regional Science Fair Entry Deadline Date
- February 10, 2015—3:30 - 7:00 PM Purdy Science Fair Open House
- February 20, 2015 - Drop-off & Set-up for F.A. Regional Science Fair Entries at Hoard Historical Museum
- February 21, 2015 Fort Atkinson Regional Science Fair @ Hoard's Museum
- February 24, 2015 School Visits to the Science Fair
- February 24, 2015 Science Fair Project and Essay Pick-up (3:00—5:00 PM)

PURDY POWER DOLLARS FORMS

You can order Purdy Power Dollars anytime during the month. Extra forms are available in the office.



5th GRADE BAND:

There is a 5th Grade Band

PARENT NIGHT

taking place on
Monday, December 1st at 6:30 pm
 in the
High School Auditorium!

All current 5th grade band students (with instruments!) and their parents should attend.

Band expectations and procedures will be explained and students will demonstrate band concepts and will be playing for you!!



5th GRADE
ORCHESTRA CONCERT!

Monday, December 8th

6:30 PM, High School Auditorium

The orchestra students have been working hard! Please attend the concert and enjoy some beautiful holiday music!

Please Note: This is a separate concert from the elementary "Holiday Concerts" - this is a concert solely for 5th grade orchestra students!!



FIFTH GRADE BAND AND
STRINGED INSTRUMENTS

Students need to continue to practice a minimum of 75 minutes per week. Keep on playing away at home!



WINTER WEATHER

Winter weather is here. Mornings are quite cool, some days near freezing or below. Students will go outside for recess everyday unless the temperature drops below zero including the wind chill. Please make sure your child wears a warm coat, hat, gloves or mittens and boots to protect him/her from the cold weather.

Please do not call school for school closings. Rather listen to the radio or watch TV. Below is a list of stations to listen to or watch for school closings:

WFAW/WSJY/WKCH
WSLD
WISC-TV-Ch. 3
WMTV—Ch. 15
WIBA/WTSP.WMLI/WZEE/WMAZ
Today's TMJ4/WKTI/WTMJ

Please make sure a plan is made in advance for your child should school be dismissed early. The safety of our children is our main concern.



HOT LUNCH AND MILK MONEY

Just a reminder for parents to please put the **money in an envelope with child's name, grade, homeroom teacher and amount enclosed.** Please make sure your children have money in their account. District policy allows us to let students eat **twice** before money is received. Thank you for your help.



TRAFFIC SAFETY REMINDERS

Please drive safely around school. Use the parking/drive-through or side streets to drop off or pick up your children. **Many parents report that using prearranged side streets work out well in reducing their stress in not having to use a congested parking lot. Further, it often takes less time to do so.** Do not park in the bus drive or on Main Street. These are dangerous choices, they hold up buses, and in some cases are illegal.



BEFORE OR AFTER THE CONCERT

PTO/CULVER'S "SCOOPIE NIGHT" DECEMBER 11, 2014

PTO/Culvers "Scoopie Night" will be held on Thursday, Dec. 11th. 10% of your purchase on that day will go to Purdy PTO. Stop to eat before or after the winter concert and help our PTO at the same time! Don't forget to use the coupon below when making your purchase!

Purdy Elementary "Scoopie Night"

Tuesday, December 11, 2014
5:00pm - 9:00pm

Total amount purchased: \$ _____

** 10% of the purchase goes to the Purdy PTO!*



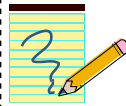
GEOGRAPHY BEE IS COMING AGAIN

Once again Purdy students will be participating in the National Geographic Society's Geography Bee. It is a good chance for students to build their geography skills in an area that has lost some favor in the United States. Not at Purdy!!! This year students in grades 4-5 will be eligible to enter the Geography Bee, which will be held during noon hours. Dates include:

- **Dec 16**—Geography Bee Preliminary Competition in IMC 12:20 to 1:00 PM. All students in grades 4-5 may enter. This is a written test that is read by Mrs. Scheuerell
- **January 13**—Geography Bee Finals in IMC 12:20 PM to 1:20 PM. In all, the top two scores from each room and the next five highest scores in grades 4-5 will participate in the school finals. A total of 15 students will be in the school bee. Parents are invited to attend!

Some examples of questions include:

1. Name the southernmost state.
2. What is the most populated country in the world?
3. What is the largest country in the world?
4. Windswept ocean coast mountain areas tend to be less wet or dry than areas away from the ocean?
5. Name a major river in Africa that flows north.
6. What is the name for the area of Wisconsin that was not covered by glaciers?
7. When Columbus found America, what had he been hoping to find?
8. Slaves brought to America by European and American ships came from what continent?
9. What happens to the temperature as you increase altitude?
10. Name the northernmost state.



BEE STUDY TIPS

What's the best way for students to prepare for the Bee? Here are some tips from the new National Geographic Bee Official Study Guide:

- ✓ Get the necessary tools. A blank outline map and a good, up-to-date world map, atlas, and geography reference book are your best study tools.
- ✓ Learn map terminology. Understanding what you're looking at and reading labels and coordinates correctly on a map are essential.
- ✓ Follow current events: News items regarding political upheavals, International agreements, and discoveries are fair game for Bee questions, so make sure you are an informed citizen of the world.
- ✓ Understand the interconnectedness of geography: Subdivisions of geography, such as physical features, climate, and culture, are all influenced by each other. Once you understand this, it will be easier to categorize and remember information about countries and regions.
- ✓ Keep geography fun: There are many games you can play to help study for the Bee. Check out the five new questions each day on the Bee website: www.nationalgeographic.com/geobee.

WELCOME NEW STUDENTS

The following students are new to Purdy School. Welcome to a great place to learn.

Kashdin Jacquest
Jake Erstad

Kindergarten
Second Grade



**TOP FIVE GEO BEE
PREP PAGES AT
nationalgeographic.com**

1. **GeoBee Challenge Game:** Got what it takes to beat the bee? Test yourself with five National Geographic Bee questions every day.
2. **GeoSpy Game:** Can you find your way around a blank map? We tell you the place-name, you click the correct location to win.
3. **MapMachine Flags and Facts:** Quick! What language do they speak in Malta? Find the answer in Flags and Facts—plus country and state profiles, statistics, flags, and maps.
4. **Xpeditions Atlas:** Print crisp, clean black-and-white maps that make perfect handouts. Plus, you can erase all place-names with a single click, making them a quiz maker's dream.
5. **Free Lesson Plans:** Where else can you find hundreds of standards-based, teacher-tested classroom activities? Simply search by topic and grade level. Then print, prepare, and teach!

And that's only the beginning. For more National Geographic ideas for educators, just visit the Web page we've built especially for you: nationalgeographic.com/education.



**NO PLAYGROUND
SUPERVISION UNTIL 7:30 AM
OR AFTER 3:10 PM**

Playground supervision begins when the first buses come to Purdy Elementary School. Please do not have your children arrive at school before then. The School will not be responsible for supervising students that are on our facilities before or after stated supervision times.



**HEALTHY SNACKS FOR
CLASSROOMS**

We would like to take this opportunity to thank all the parents who have sent healthy snacks for their child's classroom. We have seen fresh fruit, vegetables and dips, cheese trays, and trail mixes! The kids love these healthy snacks (along with the teachers).

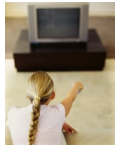
It is preferable that you keep cookies, doughnuts, cake, cupcakes, candy, etc. at home. By supporting and promoting proper dietary habits you will contribute to your child/children's health and academic performance.

Reminder that Student Nutrition provides healthy classroom snacks at a very reasonable cost...they even deliver! Please contact The Nutrition Center at 568-7811, Ext. 1161 or visit the school district's web page www.fortschools.org under School Nutrition link.



**BEST SEAT IN
THE HOUSE**

PTO will be selling raffle tickets for the December 11 Holiday Concerts. Winners names will be drawn at Breakfast with Santa on Saturday, December 6th. Raffle tickets will be coming home soon. **Tickets due back on Thursday, December 4th.**



HOW AMERICA'S CHILDREN GAIN WEIGHT



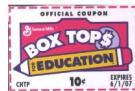
Kids never use to worry about being overweight. They just went outside, ran around and burned off that energy, but that is no longer true. One-fourth of all high school students are overweight in Wisconsin. Habits they learned in early childhood got them there. Currently, childhood obesity is nothing short of an epidemic. Today's children will live shorter lives if this trend is not turned around.

A few interesting facts to consider are:

- In the 1950's, kids had three cups of milk for every cup of soda. Today that ratio is reversed, meaning they get all the calories and none of the nutrients.
- Kids are increasingly sedentary, spending three hours a day in front of a TV or computer.
- In the United States, portion sizes have exploded.
- 90% of overweight children will have at least one avoidable risk factor for heart disease.
- Bad food is easier to come by than good.

So what can you as a parent do to improve the situation for your child?

- Buy fewer high-calorie, low-nutrient foods and more high-nutrient foods.
- Have a variety of nutritious foods available for snacks.
- Model healthy eating behaviors for your child.
- Serve reasonable portion sizes.
- Drink more water.
- Eat when hungry, and stop eating when full.



BOX TOP\$ COMPETITION

Purdy School earned \$731.30 from our first Box Top competition. This rounds winner was Mrs. Hahn's fifth grade. The class chose their prize of having Mrs. Scheuerell come teach for a class period. Continue saving those box tops. The next round of competition will be starting soon!

A big thank you to Rebecca Hakenson and Sally Schwarz for organizing the program and counting all the box top! It's a HUGE job!

MARKET DAY NEWS

Our dessert fundraiser was a great success. We sold over 200 desserts which brought a profit of \$1,000.00 to Purdy Elementary. We also had a huge grocery sale which brought in another \$169.00 for our school and students. We are well on our way of reaching our goal of \$3,500.00 by June. Our December pickup time will be later than usual; we will be ready for pickup at **5:30 PM** and will be in the multipurpose room until **6:00 PM**. Now is a great time to stock up for all of your holiday gatherings. Market Day also offers holiday cut out cookies to make your baking quick and easy and fun for kids.

Thank you again for your support!

Mary Lynn Vaillancourt
Market Day Chair Person



LOST AND FOUND

Parents are reminded to check the Lost and Found. Each year hundreds of items are lost and never found. Eventually, these are donated to area charities. The lost and found is located by Door 5 (5th grade recess doors)





Notes from the Nurse's Office

Diabetes Awareness should continue year round!

Although November was American Diabetes Awareness Month, diabetes affects people year round. In the United States, approximately 8.3% of the total population has diabetes and 1 child in 400 has been diagnosed, according to the American Diabetes Association. Diabetes is a serious yet manageable disease that many people have misconceptions about. There are two types of diabetes: Type 1, sometimes referred to as juvenile diabetes, and Type 2, which is typically diagnosed at an older age but is now, also, seen in children and adolescents often.

Type 1 diabetes is typically discovered in childhood. The body cannot make insulin, a hormone needed to convert sugars and starches into energy we need in everyday life. The sugar we eat stays in the blood and can produce high blood sugar levels because no insulin is there to break it down. These individuals must take insulin to make up for their bodies not making it.

In **Type 2** diabetes, the body does make insulin, but does not process it properly. Therefore, these individuals end up with increased sugar in their blood because the insulin cannot do its job of breaking sugar down into usable energy. These individuals don't necessarily need to take insulin; they may change their diet and/or take other medicines that make their bodies more receptive to their own insulin.

Typical symptoms that occur with undiagnosed diabetes may include:

- Urinating often
- Feeling extremely thirsty much of the time/being hungry without getting full
- Being tired/irritable more often than usual
- Weight loss
- Darkening of the skin around neck/armpits (acanthosis nigricans)
- Blurry vision

Over winter break, if you become concerned your child is experiencing these symptoms, please take them to their physician to be evaluated. Visit www.diabetes.org if you would like more information or please feel free to contact the school nurse!



From the Nurse Office

Head lice happen, especially on kids. They are not a sign of poor hygiene or how clean your home is. Anyone can get them—doesn't matter how long your hair is or how much you shower.

Fortunately, they don't spread disease and can't live more than two days off our heads. Head lice eggs won't hatch unless they are on hair and they won't infest pets. They spread when kids touch their heads together and sometimes from sharing hair accessories.

Does your kid have head lice? Not everyone gets itchy. Use a nit comb on wet hair and look for bugs the size of a sesame seed or tiny eggs glued to the hair. Check everyone in your household. If you do catch a bug, bring it to the school nurse or compare it with this picture:

If you find head lice:

Use either an over-the-counter OR prescription medication intended for treatment of head lice. *Follow the label directions exactly.*

Wash pillowcases and anything else that had contact with the child's head in the past 48 hrs. *Use a hot dryer. If you can't wash it, leave it in a bag for 2 weeks.*

Re-treat the hair after 7-9 days or according to label directions. *No lice product kills 100% of the eggs, so you have to kill the newly hatched bugs.*

Continue to use the nit comb on wet hair to remove old evidence and check for new head lice-DAILY for at least 2 weeks

It will be important for you to clean all areas of your home where the child has been for the 2 days prior to finding the lice including washing bedding and stuffed animals in hot water, vacuuming car seats, carpets, furniture, etc.

For more information, visit www.cdc.gov/parasites/lice/head/index.html or call the nurse office at 920.563.7805



When should a child stay home from school?

Children often do not like to miss school. They also need to be in school as much as possible in order to be successful in school. However, children who are sick need to stay home if they will not be able to concentrate sufficiently for learning or may cause others to become sick.

To help reduce the spread of illness to student and staff, please keep your child home from school for the following reasons:

Fever (100.5 degrees or greater): Your child should be fever-free for **24 hours** without the use of fever-reducing medication such as Tylenol or Ibuprofen before returning to school

Vomiting: Your child may return to school after s/he has not vomited for **24 hours** and is back on a regular diet.

Diarrhea: Your child may return to school after being diarrhea-free for **24 hours** without the use of medication.

Cough/congestion: If your child's cough is **frequent or severe** and his/her nose is extremely runny, it is likely that they do not feel very well and will not be able to concentrate sufficiently for learning. S/he also would benefit from more rest and fluids at home.

Rash: Consult with your child's health care provider regarding a rash of unknown cause. Your child will need a return to school note from their health care provider before coming back to school.

Communicable Illness: If your child has been diagnosed with a communicable disease requiring antibiotics (such as strep infection or pink eye) they need to be excluded from school until they have been treated with the antibiotic for **24 hours** and they are feeling better.

It is very important that if you are calling your child in absent due to illness that you list the symptoms that your child is experiencing. This allows for surveillance of illnesses in our schools.





Please emphasize to your children effective ways to stay healthy, which include: Frequent hand washing or use of hand sanitizer, coughing/sneezing into their upper arm or shoulder, keeping their hands away from their face, staying away from individuals who are sick and protecting their immune system by eating properly and getting enough sleep.

Thank you for your assistance in keeping our schools a safe, healthy and enriching environment in which to learn. Please feel free to contact the School Nurse Office at 563-7805 for any questions.

School District of Fort Atkinson Nurse

DECEMBER 2014

FA ELEMENTARY SCHOOL BREAKFAST


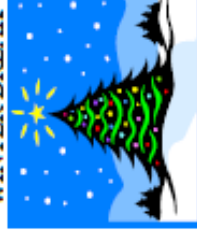


Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Mini Cinnis</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>2</p> <p>Egg & Cheese Sandwich</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>3</p> <p>Hot Cereal with Muffin</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>4</p> <p>Bagel & Cream Cheese</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>5</p> <p>Breakfast Pizza</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>
<p>8</p> <p>WG Poptarts</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>9</p> <p>Muffin & Yogurt Cup</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>10</p> <p>Warm Oatmeal Round w/Icing</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>11</p> <p>Maple Mini Pancakes</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>12</p> <p>French Toast Sticks</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>
<p>15</p> <p>Mini Cinnis</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>16</p> <p>Pancake Sausage Wrap</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>17</p> <p>Eggo Mini Waffles</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>18</p> <p>Breakfast Bagel</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>19</p> <p>Breakfast Pizza</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>
<p>22</p> <p>Build Your Own Yogurt Parfait</p> <p>OR Cereal and String Cheese</p> <p>All meals include juice, fruit and milk</p>	<p>23</p> <p>WINTER BREAK</p> 	<p>24</p> <p>WINTER BREAK</p>	<p>25</p> <p>WINTER BREAK</p> 	<p>26</p> <p>WINTER BREAK</p>
<p>29</p> <p>WINTER BREAK</p> 	<p>30</p> <p>WINTER BREAK</p>	<p>31</p> <p>WINTER BREAK</p> 	<p>* - May contain pork + - May contain peanuts Skim and 2% Milk served daily Menu Subject to Change</p> <p>Student Nutrition Department 920-563-7811 x1161</p>	<p>MEAL PRICES K-5-\$1.40 6-12 - \$1.45 Adults-\$1.80</p> <p>USDA IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER</p>

FORT ATKINSON STUDENT NUTRITION – PART OF A BALANCED EDUCATION!

DECEMBER 2014

ELEMENTARY SCHOOLS

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 BRUNCH FOR LUNCH Scrambled Eggs Blueberry Muffin OR PBJ Uncrustable & Cheese Stick Sweet Potato Puffs 100% Wango Mango Juice Fresh Pears	2 *Hot Dog on WG Bun OR Ham Sandwich Baked French Fries Saucy Baked Beans 100% Juice Cup	3 Pasta with Meat Sauce Breadstick OR Turkey Wrap Yummy Green Beans Baby Carrots & Dip CRAISINS	4 Chicken Nuggets Soft Pretzel OR Tuna Salad on WG Bun Garden Fresh Salad Red Pepper Strips Colorful Fruit Cocktail	5 Cheese Pizza OR PBJ Uncrustable & Cheese Stick Fresh Veggies & Dip Golden Pineapple Fruit Juice Slusly
8 Stuffed Cheese Sticks Marinara Sauce OR PBJ Uncrustable & Cheese Stick Steamed Broccoli Carrot Sticks & Hummus 100% Juice Cup	9 Mini Corn Dogs OR Ham Sandwich Sweet Potato Criss Cut Fries Seasoned Green Beans Sliced Pears	10 *Soft Shell Tacos OR Turkey Wrap Refried Beans Steamy Golden Corn Chilled Applesauce	11 Cheese Lasagna Warm Breadstick OR Tuna Salad on Bun Garden Fresh Salad Bar Yummy Red Pepper Strips Sliced Peaches	12 EARLY DISMISSAL
15 Orange Chicken OR PBJ Uncrustable & Cheese Stick Rice Pilaf Peas & Carrots Applesauce Fortune Cookie	16 Turkey & Gravy Dinner Roll OR Ham Sandwich Mashed Potatoes Tossed Salad Cranberry Sauce Banana	17 3 Cheese Pizza Boat OR Turkey Wrap Green Beans Fresh Veggies & Dip Apple Slices	18 Mashed Potato Chicken Bowl With Gravy and Dinner Roll OR Tuna Salad on Bun WI Blend Vegetable Mandarin Oranges	19 Cheeseburger on WG Bun OR PBJ Uncrustable & Cheese Stick Baked French Fries Golden Corn Pineapple
22 Cheese Quesadilla OR PBJ Uncrustable & Cheese Stick Black Bean Salsa Steamed Corn Fruit Juice Slusly	23 WINTER BREAK 	24 WINTER BREAK	25 WINTER BREAK 	26 WINTER BREAK
29 WINTER BREAK 	30 WINTER BREAK	31 WINTER BREAK 	All grain products are now whole grain! <input type="checkbox"/> - May contain pork <input type="checkbox"/> - May contain peanuts Skim and 1% Milk Menu Subject to Change	MEAL PRICES K-5-\$2.50 daily, \$12.50 wkly 6-12 -\$2.75 daily, \$13.75 wkly Adults-\$3.25 daily Milk - \$0.35 USDA is an equal opportunity provider and employer.

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